

Results of the 11th ISKF Pan American Karate Championships
August 14 – 15, 2010. Georgetown, Guyana

Category	Gender	Event	First Place	Second Place	Third Place
Adult	Female	Kata	T. Hendriks (Can)	N. Lambie (T&T)	K. Nguyen (Can)
		Kumite	N. Gibson (Guy)	C. Schatz (Can)	C. Smith (USA)
	Team Kata	Team Kata	Trinidad & Tobago	USA	Canada
		Team Kumite	Canada	Barbados	USA
	Male	Kata	J. Banaria (USA)	J. Nepo (USA)	K. Woon-A-Tai (Can)
		Kumite	C. Leduc (Can)	C. King (Bar)	J. Nepo (USA)
	Team Kata	Team Kata	USA	Barbados	Canada
		Team Kumite	Barbados	USA	Canada
Senior	Female	Kata	M. Woon-A-Tai (Guy)	A. Alexis Gda	B. Hughes (Can)
	Male	Kata	C. Troch (Can)	N. Quigaman (Can)	D. Vaughns (USA)
		Kumite	D. Vaughns (USA)	T. Cuffie (USA)	T. Kurdu (Can)
	Team Kata	Trinidad	Guyana		
16 & 17	Female	Kata	L. Villaneuva (Can)	K. Cardozo (Tri)	S. Li (A&B)
		Kumite	L. Villaneuva (Can)	T. Li (A&B)	S. Li (A&B)
	Team Kata	Team Kata	Antigua and Barbuda	Guyana	
		Team Kumite	Guyana 1	Trinidad & Tobago	Jamaica
	Male	Kata	S. Ming (Guy)	S. Holder (Bar)	K. Fenty (Bar)
		Kumite	S. Holder (Bar)	K. Fenty (Bar)	S. Ming (Guy)
	Team Kata	Team Kata	Guyana 1	Trinidad & Tobago	Jamaica
		Team Kumite	Guyana 1	Trinidad & Tobago	Jamaica
14 & 15	Female	Kata	A. Villaneuva (Can)	K. Cheeks (Guy)	S. Fanfair (Guy)
		Kumite	A. Villaneuva (Can)	S. Fanfair (Guy)	K. Cheeks (Guy)
	Male	Kata	S. Rahaman (Guy)	J. Nivet (T&T)	J. Gonsalves (T&T)
		Kumite	S. Rahaman (Guy)	D. Anderson (Jam)	J. Gonsalves (T&T)
Team Kata	Guyana 1	Guyana 2	Guyana 3		
12 & 13	Female	Kata	C. Dey (Guy)	T. Plowell (Bar)	A. Low (Guy)
		Kumite	S. McKoy (Guy)	C. Dey (Guy)	A. Low (Guy)
	Team Kata	Team Kata	Guyana 1	Guyana 2	Barbados
		Team Kumite	Guyana 1	Guyana 2	Barbados
	Male	Kata	K. Coppin (Bar)	P. Rastegar (USA)	K. Cornelius (Guy)
		Kumite	K. Coppin (Bar)	K. Cornelius (Guy)	P. Rastegar (USA)
	Team Kata	Team Kata	Barbados	Guyana 2	Guyana 1
		Team Kumite	Barbados	Guyana 2	Guyana 1
10 & 11	Female	Kata	L. Shariff (Guy)	L. Boyce (Bar)	A. Deodat (Bar)
		Kumite	L. Boyce (Bar)	T. Wong (Guy)	L. Shariff (Guy)
	Male	Kata	J. Tseu (Bar)	J. Brooms (Guy)	A. Cheeks (Guy)
		Kumite	A. Cheeks (Guy)	J. Tseu (Bar)	J. Brooms (Guy)
Team Kata	Guyana 1	Jamaica	Guyana 2		
8 & 9	Female	Kata	A. Wong (Guy)	T. Lal-Kissoon (Bar)	K. Massiah (Bar)
		Kumite	A. Wong (Guy)	T. Lal-Kissoon (Bar)	T. Sampat (Guy)
	Male	Kata	M. Wong (Guy)	J. Douglas (A&B)	T. Dundas (Guy)
		Kumite	M. Wong (Guy)	T. Dundas (Guy)	N. Hackett (Guy)